

WOMEN'S HEALTH ASSESSMENT

Name _____ Date of Birth ____/____/____ Today's Date _____
 Single _____ Married _____ Separated _____ Divorced _____ Widowed _____ Referred By _____

Reason For Visit: _____

Medical History Have you ever had any of the following?

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Blood Clots in Lungs/Legs | <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Pneumonia |
| <input type="checkbox"/> Heart Disease/Attack | <input type="checkbox"/> Gall Bladder Disease | <input type="checkbox"/> Epilepsy/Seizures | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Liver Disease/Hepatitis | <input type="checkbox"/> Migraines | <input type="checkbox"/> Sickle Cell Disease |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Kidney Infections | <input type="checkbox"/> Depression/Anxiety | <input type="checkbox"/> Thyroid Problem |
| <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Bladder Infections | <input type="checkbox"/> Drug or Alcohol Problem | <input type="checkbox"/> Blood Transfusion |
| <input type="checkbox"/> Mitral Valve Prolapse | <input type="checkbox"/> Pelvic Infections | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Genetic Condition |
| <input type="checkbox"/> Bleeding Problems | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Asthma | <input type="checkbox"/> Cancer |

List all medications you are currently taking, including over-the-counter medications, vitamins and herbals:

List any allergies to medications: _____ No Known Allergies

Surgical History Please list all surgeries with dates:

Obstetrical History

Check here if you have never been pregnant

Please list all pregnancies in order, including miscarriages, premature births, stillbirths, ectopics, & abortions:

| Year | M/F | Weight | Type of Delivery | Length of Pregnancy | Problems (e.g., preterm labor, diabetes, high blood pressure) | Name / Age |
|------|-----|--------|------------------|---------------------|---|------------|
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

Gyn History

Date of last period: _____
 Age of first period ____ Periods are: Regular Irregular Painful Not really bothersome
 Age of last period ____ Flow is: Light Light to moderate Moderate to heavy Very heavy
 Cycle length: every ____ days lasting ____ days
 Are you sexually active? Yes No Never been sexually active
 Sexual preference: heterosexual homosexual bisexual
 New Partners? Yes No
 Number of lifetime partners _____

Method of Birth Control: condoms pills patch vaginal ring tubal / Essure IUD partner with vasectomy natural family planning other none

Gyn History Cont.

Have you ever had any of the following STDs? Chlamydia HPV HIV Never had any
Gonorrhea Syphilis Hepatitis B
Herpes Trichomonas Hepatitis C

Have you had any of the following? Fibrocystic breasts Endometriosis
Ovarian cysts Uterine Fibroids

Date of last pap smear _____ Normal Abnormal Never had one
 Have you ever needed any of the following for an abnormal pap? Colposcopy LEEP/Laser/Conization
Cryosurgery No

Date of last mammogram _____ Normal Abnormal Never had one
 Date of last bone density _____ Normal Osteopenia Osteoporosis Never had one
 Date of last colonoscopy _____ Never had one

Family History Please list any close relatives with a history of the following:

| | Relative/Age at Diagnosis | | Relative |
|---|---------------------------|--|----------|
| <input type="checkbox"/> Breast Cancer | | <input type="checkbox"/> High blood pressure | |
| <input type="checkbox"/> Ovarian Cancer | | <input type="checkbox"/> Diabetes | |
| <input type="checkbox"/> Uterine Cancer | | <input type="checkbox"/> Heart Disease (heart attack.) | |
| <input type="checkbox"/> Colon Cancer | | | |

Social History

Alcohol Use Yes No If yes, _____ drink(s) per day/week/month
 Tobacco Use Yes No If yes, _____ pack(s) per day for _____ years
 Recreational Drug Use Yes No Type and frequency _____
 Exercise Yes No Type and frequency _____
 Caffeine Yes No If yes, _____ drinks (coffee, tea, soda) per day/week
 Sexual Abuse Yes No If yes, are you safe now? Yes No Counseling? Yes No
 Physical Abuse Yes No If yes, are you safe now? Yes No Counseling? Yes No
 Emotional Abuse Yes No If yes, are you safe now? Yes No Counseling? Yes No

Review of Systems Do you currently have any of the following?

| | <u>Comments</u> | | <u>Comments</u> |
|---|-----------------|---|-----------------|
| <input type="checkbox"/> Yes <input type="checkbox"/> No Generally healthy | | <input type="checkbox"/> Yes <input type="checkbox"/> No Frequent urination | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Recent weigh gain / loss | | <input type="checkbox"/> Yes <input type="checkbox"/> No Burning with urination | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Fever | | <input type="checkbox"/> Yes <input type="checkbox"/> No Incontinence | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Vision problems | | <input type="checkbox"/> Yes <input type="checkbox"/> No Urgency | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Sinus problems | | <input type="checkbox"/> Yes <input type="checkbox"/> No Bladder infection | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Hearing loss | | <input type="checkbox"/> Yes <input type="checkbox"/> No Stomach pains | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Chest pain | | <input type="checkbox"/> Yes <input type="checkbox"/> No Vaginal discharge | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Varicose veins | | <input type="checkbox"/> Yes <input type="checkbox"/> No Irregular vaginal bleeding | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Shortness of breath | | <input type="checkbox"/> Yes <input type="checkbox"/> No Pelvic pain | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Chronic cough | | <input type="checkbox"/> Yes <input type="checkbox"/> No Painful intercourse | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Diarrhea | | <input type="checkbox"/> Yes <input type="checkbox"/> No Breast lumps | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Constipation | | <input type="checkbox"/> Yes <input type="checkbox"/> No Back pain | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Blood in stools | | <input type="checkbox"/> Yes <input type="checkbox"/> No Joint/muscle pain | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Heartburn/reflux | | <input type="checkbox"/> Yes <input type="checkbox"/> No Depression/anxiety | |
| <input type="checkbox"/> None of the above | | <input type="checkbox"/> None of the above | |

Patient Signature _____ Date _____
 Clinician Signature _____ Date _____

Adler GYN
Minimally Invasive Surgery

Patient Registration Form

| | | | | |
|----------------------------|------|---------------------|---------------------|-----------------|
| Name (Last, First, Middle) | | | SSN # | |
| Date of Birth: | Age: | Marital Status: | | Maiden Name: |
| Address: | | | City, State | |
| Patient Home Phone: | | Patient Cell Phone: | | Patient E-Mail: |
| Patient Business Phone: | | | Patient Occupation: | |
| Business Address: | | | City, State: | Zip Code: |

| | | | | |
|---|---|--------------------|-----------------------------------|---|
| Spouse/Parent/Guardian Name (If under age 18) | | | Employer: | |
| Address: | | | City, State: | Zip Code: |
| Business Phone: | | Alternative Phone: | | Relationship (Spouse, Parent, Guardian) |
| In case of Emergency: | | | | Phone: |
| Do you have a living will? | Y | N | Who referred you to our practice? | |

| | | | |
|----------------------------|---------|--------------------------|---------|
| Primary Insurance Company: | | Secondary Insurance: | |
| Address: | | Address: | |
| City, State, Zip Code: | | City, State, Zip Code: | |
| Phone: | Co-Pay: | Phone: | Co-Pay: |
| Insured Party ID # | | Insured Party ID # | |
| Group ID # | | Group ID # | |
| Name of Insured: | | Name of Insured: | |
| SSN of Subscriber: | | SSN of Subscriber: | |
| Relationship to Patient: | | Relationship to Patient: | |

***** Payment is due at time of service. *****

Assignment and Release; I, the undersigned certify that I (or my dependent) have insurance coverage as stated above and assign to Adler GYN all insurance benefits, if any, otherwise payable to me for my services rendered, I understand that I am fully responsible for all charges not paid by my insurance company. I hereby authorize this practice to release all information necessary to secure the payment of benefits, I authorize the use of this signature on all submissions. I fully understand that any outside lab work will be billed by that lab, independently.

| | |
|----------------------|-------|
| Patient's Signature: | Date: |
|----------------------|-------|

PATIENT CONSENT FOR USE / DISCLOSURE OF HEALTHCARE INFORMATION

Patient Name: _____
Date of Birth: _____
SSN: _____
Previous / Other Name(s): _____

I understand that the patient's health information is private and confidential. I understand that Adler GYN works very hard to protect patient's privacy and preserve the confidentiality of the patient's personal health information.

I understand that Adler GYN may use and disclose the patient's personal health information to help provide healthcare to the patient, to handle billing and payment, and to take care of other healthcare operations. In general, there will be no other uses and disclosure of this information unless I permit it. I understand that sometimes the law may require the release of this information without my permission.

Adler GYN has a detailed document called the "Notice of Privacy Practices". It contains more information about the policies and practices protecting the patient's privacy. I understand that I will have a right to read the "Notice" before signing this agreement.

Adler GYN may update this "Notice of Privacy Practices". If I ask, Adler GYN, will provide me with the most current "Notice of Privacy Practices".

Under the terms of this consent, I can ask Adler GYN to limit how the patient's personal health information is used or disclosed to carry out treatment, payment, or health care operations. I understand that Adler GYN does not have to agree to my request. If Adler GYN does agree to my request, I understand that Adler GYN would follow agreed limits.

I may cancel this consent in writing at any time by doing one of the following:

- 1) Signing and dating a form that Adler GYN can give me called "Revocation of consent for Use and Disclosure of Health Care Information", or
- 2) Writing, signing, and dating a letter to Adler GYN. If I write a letter, it must say that I want to revoke my consent to authorize and disclose the patient's personal health information for treatment, payment and health care operations.

If I revoke this consent, Adler GYN, does not have to provide any further health care services to the patient.

My signature below indicates that I have been given the chance to review a current copy of Adler GYN's "Notice of Privacy Practices". My signature means that I allow Adler GYN to use and disclose patient's personal health information to carry out treatment, payment, and health care operations.

Patient / Legally-Authorized Signature: _____
Date: _____
Relationship to patient if signed by anyone other than patient: _____

Authorization to VERBALLY Release Patient Information

I, _____, hereby authorize Alf Adler, M. D. / or their representatives to release any and all information pertaining to my healthcare, results, procedures, billing, and/or accounting information to the following person(s) or agencies:

| | | |
|--------------|-----------------------|-----------------|
| Myself _____ | Insurance _____ | Spouse _____ |
| Parent _____ | Other (specify) _____ | To No One _____ |

I further authorize the providers and their representative(s) to release results of my medical exams in one or more of the following ways:

| | |
|-------------------------------|---------|
| May call me (patient): | |
| <input type="checkbox"/> | At Home |
| <input type="checkbox"/> | At Work |

| | |
|-----------------------------|---------|
| May leave a message: | |
| <input type="checkbox"/> | At Home |
| <input type="checkbox"/> | At Work |

I understand that this office will release any information to those persons who I have determined may receive this information without separate consent. I also understand that this relates to all medical and billing/account information. THIS WILL BE ACTIVELY ENFORCED. If you wish to change the status of this form, you must do so in writing.

Patient's Signature

Date

**NOTICE OF DEEMED CONSENT
HIV BLOOD TESTING**

A law passed in the state of Virginia allows us to test for HIV (human immunodeficiency virus) whenever any of our health care providers are exposed to a patient's bodily fluids. Bodily fluids include blood, semen, urine, feces, respiratory and sinus fluids, including, droplets, sputum, saliva, mucous, and any other fluid through which infectious airborne or blood-borne organisms can be transmitted between persons. We are not required to obtain the patient's consent for testing under these circumstances. Should this occur, we are also allowed to release the test results to the health care provider who may have been exposed.

In other words, a healthcare provider can obtain an HIV test from you and get the results if they have been exposed to your bodily fluids. However, you would be informed before any of your blood would be tested for HIV antibodies, the testing would be explained to you and you would be given the opportunity to ask any questions you may have.

I have read and understand the above "Notice of Deemed Consent to HIV Blood Testing".

Patient's Signature

Date

CANCER FAMILY HISTORY QUESTIONNAIRE

Personal Information

Patient Name: _____ Date of Birth: _____ Age: _____
 Gender (M/F): _____ Today's Date(MM/DD/YY): _____ Health Care Provider: _____

Instructions: This is a screening tool for cancers that run in families. Please mark (Y) for those that apply to YOU and/or YOUR FAMILY. Next to each statement, please list the relationship(s) to you and age of diagnosis for each cancer in your family.

You and the following close blood relatives should be considered: You, Parents, Brothers, Sisters, Sons, Daughters, Grandparents, Grandchildren, Aunts, Uncles, Nephews, Nieces, Half-Siblings, First-Cousins, Great-Grandparents and Great Grandchildren

YOU and YOUR FAMILY's Cancer History (Please be as thorough and accurate as possible)

| CANCER | YOU AGE OF Diagnosis | PARENTS / SIBLINGS / CHILDREN | AGE OF Diagnosis | RELATIVES on your MOTHER'S SIDE | AGE OF Diagnosis | RELATIVES on your FATHER'S SIDE | AGE OF Diagnosis |
|---|--|----------------------------------|---------------------|------------------------------------|---------------------|------------------------------------|---------------------|
| <input checked="" type="checkbox"/> Y <input type="checkbox"/> N EXAMPLE: BREAST CANCER | 45 | --- | --- | Aunt Cousin | 45 61 | Grandmother | 53 |
| <input type="checkbox"/> Y <input type="checkbox"/> N BREAST CANCER | | | | | | | |
| <input type="checkbox"/> Y <input type="checkbox"/> N OVARIAN CANCER (Peritoneal/Fallopian Tube) | | | | | | | |
| <input type="checkbox"/> Y <input type="checkbox"/> N UTERINE/ENDOMETRIAL CANCER | | | | | | | |
| <input type="checkbox"/> Y <input type="checkbox"/> N COLON/RECTAL CANCER | | | | | | | |
| <input type="checkbox"/> Y <input type="checkbox"/> N 10 or more LIFETIME COLON POLYPS (Specify #) | | | | | | | |
| <input type="checkbox"/> Y <input type="checkbox"/> N OTHER CANCER(S) (Specify cancer type) | Among others, consider the following cancers: Melanoma, Pancreatic, Stomach/Gastric, Brain, Kidney, Bladder, Small bowel, Sarcoma, Thyroid | | | | | | |

Y N Are you of Ashkenazi Jewish descent?

Y N Are you concerned about your personal and/or family history of cancer?

Y N Have you or anyone in your family had genetic testing for a hereditary cancer syndrome? (Please explain/include a copy of result if possible)

Hereditary Cancer Red Flags (To be completed with your healthcare provider - Check all that apply)

Your PERSONAL History – Red Flags

Hereditary Breast and Ovarian Cancer Syndrome

- Breast cancer diagnosed at age 50 or younger
- Ovarian cancer at any age
- Two primary occurrences of breast cancer
- Male breast cancer
- Triple Negative Breast Cancer
- Pancreatic cancer with a breast or ovarian cancer
- Ashkenazi Jewish ancestry with an HBOC-associated cancer*

Lynch Syndrome** (see cancer list below)

- Colorectal cancer under age 50
- Endometrial/uterine cancer under age 50
- MSI High histology*** before age 60
- Abnormal MSI/IHC tumor test result (colon/rectal/endometrial/uterine)
- Two or more Lynch syndrome cancers** at any age
- YOU and one or more relatives with a Lynch syndrome cancer**

Your FAMILY History – Red Flags

Hereditary Breast and Ovarian Cancer Syndrome

- Close relative with breast cancer less than age 50
- Close relative with ovarian cancer at any age
- Two or more breast cancer occurrences, in one relative or in two or more relatives on the same side of the family, one under age 50
- A male relative with breast cancer
- Combination of breast, ovarian, and/or pancreatic cancer on the same side of the family.
- Three or more relatives with breast cancer at any age
- A previously identified BRCA1 or BRCA2 mutation in the family

Lynch Syndrome** (see cancer list below)

- Two or more relatives with a Lynch syndrome cancer**, one before the age of 50
- Three or more relatives with a Lynch syndrome cancer** at any age
- A previously identified Lynch syndrome mutation in the family

*HBOC associated cancer includes: Breast, ovarian, and pancreatic cancer

**Lynch syndrome cancer includes: Colon, endometrial/uterine, gastric/stomach, ovarian, ureter/renal pelvis, biliary tract, small bowel, pancreas, brain and sebaceous adenomas

***MSI High histology includes: Mucinous, signet ring, tumor infiltrating lymphocytes, crohn's-like lymphocytic reaction histology, or medullary growth pattern

Cancer Risk Assessment Review (To be completed after discussion with healthcare provider)

Patient's Signature: _____ Date: _____

Health Care Provider's Signature: _____ Date: _____

For Office Use Only: Patient offered hereditary cancer genetic testing? YES NO ACCEPTED DECLINED

Follow-up appointment scheduled: YES NO Date of Next Appointment: _____

FOR YOUR CONVENIENCE

- **ANNUAL VISITS ONLY COVER A BREAST AND PELVIC EXAM –**

Other issues such as heavy bleeding, pelvic pain, hormones ect. must be addressed in another appointment. If discussed, the co-insurance is the responsibility of the patient to be paid.

_____ **Initial above**

- MEDICAID PLAN FIRST ONLY PAYS FOR FAMILY PLANNING VISITS
- DR. ADLER NO LONGER PRACTICES OBSTETRICS (NO BABIES)
- IF THERE HAS BEEN A **CHANGE** OF ADDRESS, TELEPHONE NUMBER, OR INSURANCE ETC. **PLEASE INFORM RECEPTIONIST AS SOON AS POSSIBLE**
- THIS IS OUR **ONLY** LOCATION. WE ARE OPEN **MONDAY - THURSDAY** FROM 7:30- 5:00 PM
- WE ARE CLOSED FOR LUNCH BETWEEN **12:00-1:00PM** (Phones are qued to shut off)
- WE ACCEPT ALL INSURANCES **EXCEPT** KAISER PERMANENTE
- IF YOU HAVE A BALANCE, YOU WILL **NOT** BE SEEN OR SCHEDULED AN APPOINTMENT UNTIL THE BALANCE IS PAID. FINANCE CHARGES WILL BE APPLIED
- IF BALANCE IS NOT PAID, IT WILL BE SENT TO **COLLECTIONS** AND YOU WILL BE CHARGED AN **ADDITIONAL 33.33% OF BILL ON TOP OF YOUR CURRENT BILL**
- **NO SHOW APPOINTMENTS WILL BE CHARGED A \$50 FEE. Please call within 48 hours to cancel or reschedule your appointment.**

PLEASE SIGN BELOW TO ACKNOWLEDGE THAT YOU HAVE RECEIVED THESE UPDATES

PATIENT SIGNATURE _____ DATE _____

*IF YOU WOULD LIKE A COPY FEEL FREE TO ASK RECEPTIONIST